

DESSERTS & MILKSHAKES

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|-----------------------------|-------|---|-------|
| OREO MILKSHAKE | £4.25 | STICKY TOFFEE PUDDING | £4.95 |
| FERRERO MILKSHAKE | £4.25 | Served with toffee sauce (Vanilla ice cream when eating in) | |
| LOTUS BISCOFF MILKSHAKE | £4.25 | | |
| KEY LIME CHEESECAKE | £3.95 | CHOCOLATE FUDGE BROWNIE | £4.95 |
| APPLE CRUMBLE | £4.95 | Served with chocolate sauce (Vanilla ice cream when eating in) | |
| Served with vanilla custard | | | |

DRINKS

| | CAN | 1.5L BOTTLE |
|------------------------|-------|-------------|
| PEPSI | £1.75 | £3.95 |
| DIET PEPSI | £1.75 | £3.95 |
| TANGO ORANGE | £1.75 | £3.95 |
| MIRANDA STRAWBERRY | £1.75 | |
| RIO | £1.75 | |
| RUBICON (mango, guava) | £1.75 | |
| STILL WATER | £1.50 | |

Welcome to **FAT ROOSTER**

Where every bite is a celebration of flavour and quality.

Our team has perfected the art of peri peri, using a unique blend of fresh herbs and spices to create a taste sensation that will leave you craving for more. Each dish is crafted with care, ensuring that it is packed with bold, vibrant flavours.

At Fat Rooster, we pride ourselves on using only the freshest, locally sourced seasonal ingredients. This commitment to quality ensures that every item is not only delicious but also supports local farmers and producers.

Come and join us for a flavour-packed adventure.
Your taste buds will thank you!

All major credit cards accepted



DESIGN & PRINT BY: [MENULANE.CO.UK](https://www.menulane.co.uk) | JUNE 2024 EDITION

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FAT ROOSTER

FLAME GRILLED PERI PERI

EAT IN | TAKE OUT | DELIVERY

144 LONDON ROAD
ST ALBANS | HERTS | AL1 1PQ

01727 853191

10% DISCOUNT
WHEN ORDERING FROM OUR WEBSITE
[FATROOSTER.CO.UK](https://www.fatrooster.co.uk)



IN A HURRY?
CALL & COLLECT
IN 20 MINUTES



OPENING HOURS
Sunday-Thursday: 11.30am - 11.00pm
Friday & Saturday: 11.30am - midnight

STARTERS

| | |
|-------------------------------|-------|
| SPICY MIXED OLIVES | £3.95 |
| HUMMUS WITH PITTA | £3.95 |
| HALLOUMI STICKS | £4.95 |
| Served with garlic aioli | |
| 5 FRIED CHICKEN WINGS | £5.95 |
| Plain Buffalo BBQ & honey | |

PERI-PERI CHICKEN

on its own 

| | | |
|------------------|--------|--------|
| 1/4 CHICKEN | £5.95 | £7.95 |
| 1/2 CHICKEN | £9.95 | £12.95 |
| WHOLE CHICKEN | £15.95 | |
| 5 CHICKEN WINGS | £5.95 | £7.95 |
| 5 CHICKEN STRIPS | £5.95 | £7.95 |

SHARING PLATTERS

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|---|--------|
| MINI PLATTER | £9.50 |
| 1/4 chicken, 2 chicken strips, 2 chicken wings, fries, house salad & can drink | |
| SINGLE PLATTER | £21.95 |
| Whole chicken, large spicy African rice, large fries, house salad & 1.5ltr drink | |
| MIXED PLATTER | £26.95 |
| Whole chicken, 5 chicken strips, 5 chicken wings, large spicy African rice, large fries, house salad & 1.5ltr drink | |
| 10 WINGS PLATTER | £13.95 |
| Spicy African rice, fries, house salad & can of drink | |
| 10 STRIPS PLATTER | £13.95 |
| Spicy African rice, fries, house salad & can of drink | |

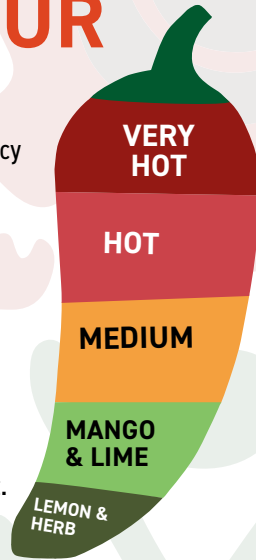
SPECIAL LAMB

on its own 

| | | |
|--|-------|-------|
| 3 LAMB CHOPS | £7.95 | £9.95 |
| Marinated in mixed herbs & spices, grilled | | |
| LAMB KOFTA PITTA or WRAP | £6.50 | £8.50 |
| Juicy lamb kofta, crispy lettuce, tomato, red onion & mayo in a pitta or wrap | | |
| LAMB KOFTA WITH SALAD or RICE | £7.95 | |
| Served on a bed of crunchy mixed salad with homemade dressing or on a bed of homemade spicy African rice | | |

CHOOSE YOUR FLAVOUR

The Scoville scale is a measurement of pungency (spiciness or "heat") of chilli peppers and other substances, recorded in Scoville heat units (SHU). It is based on the concentration of capsaicinoids, among which capsaicin is the predominant component.



LITTLE SIDES

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|-----------------------------------|-------|
| FRIES | £2.95 |
| PERI PERI FRIES | £3.75 |
| CHEESY FRIES | £3.75 |
| SPICY AFRICAN RICE | £3.95 |
| CORN ON THE COB | £1.95 |
| GRILLED PITTA | £0.95 |
| DYNAMITE CHILLI FRIES | £4.25 |
| LOADED CRISPY FRIED CHICKEN FRIES | £5.95 |
| POTATO PUFFS | £3.95 |
| 6 CHICKEN NUGGETS | £3.95 |
| 4 MOZZARELLA STICKS | £4.45 |
| POPCORN CHICKEN | £4.45 |
| ONION RINGS | £3.25 |
| HOUSE COLESLAW | £2.95 |
| HOUSE SALAD | £3.95 |
| with homemade dressing | |

FOOD ALLERGIES & INTOLERANCES

If you want to know about the ingredients we use in our food, please speak to our staff before you order.

SMASH BURGERS

on its own 

| | | |
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| EL GRINGO | £8.95 | £11.95 |
| 2 Smashed patties, homemade chipotle sauce, lettuce, tomato, gherkins, red onion, turkey bacon, cheddar cheese | | |
| YANKEE | £8.95 | £11.95 |
| 2 Smashed patties, ketchup, american mustard, lettuce, tomato, red onion, gherkins, american cheese | | |
| SMOKY JOE'S | £8.95 | £10.95 |
| 2 Smashed patties, BBQ sauce, lettuce, red onion, monterey jack cheese, topped with coleslaw | | |
| CRAZY JALFREZI | £9.95 | £11.95 |
| 2 Smashed patties, crispy lettuce, tomato, crazy jalFREZI sauce & a crispy onion bhaji | | |
| THE NAGA LEGEND | £9.95 | £11.95 |
| 2 Smashed patties, Naga - a fiery Bangladeshi chilli, crispy lettuce, tomato, red onion & a crispy onion bhaji | | |
| EASY CHEESY | £6.95 | £8.95 |
| Single smashed patty, crispy lettuce, tomato, onion, cheese & house burger sauce | | |

PERI PERI BURGER, PITTA & WRAP

on its own 

| | | |
|-------------------------------|-------|-------|
| PERI PERI CHICKEN BURGER | £5.95 | £7.95 |
| Crispy lettuce, tomato & mayo | | |
| PERI PERI CHICKEN PITTA | £5.95 | £7.95 |
| Crispy lettuce, tomato & mayo | | |
| PERI PERI CHICKEN WRAP | £5.95 | £7.95 |
| Crispy lettuce, tomato & mayo | | |

BURGERS & WRAPS

on its own 

| | | |
|--|-------|--------|
| CHEESE BURGER | £5.95 | £7.95 |
| 1/4 pounder served with cheese, crispy lettuce, tomato, red onion, gherkin & burger sauce | | |
| BEEF CHEESE & TURKEY BACON | £6.95 | £8.95 |
| A juicy beef patty with cheese, turkey rashers, cheese, lettuce, tomato, red onion, gherkin & burger sauce | | |
| DOUBLE DECKER | £8.95 | £10.95 |
| 1/2 pounder served with cheese, crispy lettuce, tomato, red onion & burger sauce | | |
| CHICKEN FILLET BURGER | £4.95 | £6.95 |
| Crispy chicken, lettuce, tomato, red onion & mayo | | |
| CLASSIC CHICKEN BURGER | £5.95 | £7.95 |
| Crispy chicken with onion rings, cheese, crispy lettuce, tomato, red onion & mayo | | |
| CHICKEN STACK BURGER | £5.95 | £7.95 |
| Crispy chicken fillet, hash brown, cheese, crispy lettuce, tomato, red onion & BBQ sauce | | |
| BIG DADDY BURGER | £8.95 | £10.95 |
| Crispy chicken fillet, beef patty, lettuce, tomato, onion mayo & burger sauce | | |
| CHICKEN STRIP WRAP | £4.95 | £6.95 |
| Crispy chicken strip, lettuce, tomato & mayo | | |

VEGAN CHOICE

on its own 

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| PLANT BASED BURGER | £5.95 | £7.95 |
| PLANT BASED WRAP | £5.95 | £7.95 |
| PLANT BASED PITTA | £5.95 | £7.45 |
| All served with crispy lettuce, tomato, red onion & vegan mayo | | |

SALAD & RICE CORNER

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| PERI PERI CHICKEN | £6.95 |
| Served on a bed of fresh crunchy mixed salad and homemade dressing | |
| PERI PERI CHICKEN | £6.95 |
| Served on a bed of homemade spicy African rice | |
| FRIED CHICKEN | £6.95 |
| Served on a bed of fresh crunchy mixed salad and homemade dressing | |
| FRIED CHICKEN | £6.95 |
| Served on a bed of spicy African rice | |
| GRILLED HALLOUMI | £6.95 |
| Served on a bed of fresh crunchy mixed salad and homemade dressing | |
| GRILLED HALLOUMI | £6.95 |
| Served on a bed of homemade spicy African rice | |

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| KIDS MEAL | £5.50 any | CHICKEN NUGGETS |
| | | CHICKEN BURGER |
| | | CHEESE BURGER |
| | | FISH FINGERS |
| | | CHICKEN POPCORN |
| All kids meals are served with fries and a drink | | |